

Waiver and Cancellation Policy

ACKNOWLEDGEMENT OF RISK AND WAIVER OF LIABILITY

I understand that I, _____ (Print Name), will be participating in a fitness program through Core Studio, LLC that will require physical exertion. Although the most common symptoms or injuries associated with exercise involve sprains, dizziness, strains, fainting and/or discomfort in breathing, I recognize that there is a risk of injury and in extreme cases, death associated with any fitness program.

Consequently, I am advised by Core Studio, LLC to obtain the approval of my doctor before beginning a fitness program through Core Studio, LLC. Before beginning this program, I am asked to disclose any physical or mental limitations or whether I am taking any medications or receiving any medical treatment that might make it unsafe for me to participate in this fitness program to the fitness staff at Core Studio, LLC. I acknowledge that there are no such limitations, medications, or medical treatments other than those that I have written on the medical history profile and that it is safe for me to enter into a fitness program through Core Studio, LLC.

I understand that, by signing this statement, I am agreeing not to hold Core Studio, LLC, or any of its employees, independent contractors, owners, agents or insurers responsible for any bodily injury or property damage that I may suffer as a result of my participation in a fitness program through Core Studio, LLC whether at Core Studio, LLC, at home, or elsewhere. As such, I understand and agree that Core Studio, LLC, its employees, independent contractors, agents or insurers shall not be liable for any bodily injury or property damage that may result either directly or indirectly from my participation in a fitness program through Core Studio, LLC.

Participant's Signature

Date

CANCELLATION POLICY FOR GROUP REFORMER AND PRIVATE LESSONS

I understand that Core Studios, LLC has a 24-hour cancellation Policy for all private lessons and group reformer classes. I agree to pay a cancellation fee for any class/session that is cancelled within that 24-hour period. I understand that the cancellation fee will be equal to the session hourly fee.

Participant's Signature